

# **Quick Kimchi**

# **Lizzy Folkerts & Victoria Rivera**

## Ingredients (Yield: Enough for 4 portions of fried rice)

1/4 head of cabbage

1 bunch scallions, sliced

1 bunch cilantro, rough chop

4 cloves garlic

1 TBL ginger

2 to 3 tablespoons of Gochugaru (coarse Korean hot red pepper flakes)

2 tsp white vinegar

2 TBL Kosher salt

#### Method:

- 1. Cut out the hard core of the cabbage. Dice into 2–3-inch pieces. Toss with 2 TBL salt and let sit for two hours, tossing occasionally.
- 2. Rinse the cabbage well and squeeze out any excess water.
- 3. In a blender or food processor, puree garlic, ginger, vinegar and fish sauce until smooth.
- 4. Add scallions and cilantro and mix well.
- 5. Refrigerate for at least an hour or until ready to use.

# Kimchi Fried Rice: Yield: 4 portions

### Ingredients

2 TBL vegetable oil, like canola

4 cups steamed rice (day old if possible)

Quick Kimchi

2 Eggs, scrambled

4 green onions

½ cup soy sauce

½ cup gochujang

1 TBL fish sauce

1 TBL sesame sauce

1 onion, finely diced

2 garlic cloves, minced

½ cup cilantro

Toasted sesame seeds

### Method:

- 1. Drain kimchi of any juices, and reserve juice.
- 2. Heat neutral oil in a hot pan over medium heat. Sautee onions and garlic until fragrant.
- 3. Add rice into the pan and press down into an even layer using a rubber spatula. Cook rice, undisturbed for 5-7 minutes to get a crisp bottom layer.
- 4. In a separate bowl, whisk kimchi juice, gochujang, fish sauce, sesame sauce, and soy sauce.
- 5. Pour gochujang mixture and kimchi over the rice. Mix well to break up the rice and combine everything
- 6. Take out the rice and add in 1 TBL of neutral oil. Heat the oil and add in the eggs, stirring constantly. Add the rice back in and stir well.
- 7. Divide between bowls and garnish scallion, cilantro, and sesame seeds. Enjoy!